



Social/Emotional Letter to Family Members

Dear Parents/Guardians,

Thank you for entrusting your child to us at Shasta Head Start _____ center. We take pride in the quality of our early education program and work to provide all of the children with support and opportunities to learn and grow. The children are learning exceptionally well and bring us joy to each day.

As many of you may have noticed, we also work hard to support individual children as they struggle to manage their social-emotional skills and behavior. We know that some of you have been worried because your child may have been hurt or involved in a difficult interaction. We want to assure you that we are keeping the well-being of your child, and all the children, in mind as we support children who may display challenging behavior. We cannot discuss any personal or confidential information about a specific child; however, we want to assure you that we are doing everything we can to support each child to be successful in our program.

We thought it was important for you to know what was going on when your child shares information about their day. We would also like to ask you for help in talking with your child about other children's behavior if it comes up. We are focusing on the message that each child is a wonderful, caring child and sometimes they need help calming down and playing gently with the toys and their friends. We use a variety of strategies teach children to ask for space and manage emotions. We encourage you to talk to your child's teachers about these strategies and practice them at home. Please assure your child that their teachers will keep them safe and that they can help other children in the classroom by demonstrating good social skills at school.

Sincerely,