

Week 1		Center _____		Dates _____		2025-2026			
Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast #		Breakfast #		Breakfast #		Breakfast #		Breakfast #	
PEACHES OR BANANAS		APRICOTS		APPLE SLICES/APPLESAUCE		PEARS		WARMED BERRIES	
WGR CHEX		WGR OATMEAL/WHEAT		ENGLISH MUFFIN OR WGR TORTILLA		BREAD		WGR WAFFLES OR PANCAKES OR FRENCH TOAST	
MILK		MILK		MILK		MILK		MILK	
extra				CHEESE		EGGS			
LUNCH #		LUNCH #		LUNCH #		LUNCH #		LUNCH #	
TUNA		CHICKEN		PINTO BEANS		BEEF		SAUSAGE	
BROCCOLI OR PEAS & CARROTS		CARROTS OR SHREDDED CABBAGE		GREEN BEANS		MIXED VEGETABLES		MIXED GREENS AND RED PEPPERS	
PINEAPPLE		STRAWBERRIES		MANGO		CANTALOUPE		ORANGE SLICES	
BREAD OR CRACKERS OR PASTA		WGR TORTILLA		WGR BROWN RICE		WGR PASTA		BREAD	
MILK		MILK		MILK		MILK		MILK	
COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP	
SNACK #		SNACK #		SNACK #		SNACK #		SNACK #	
MANDARIN		MIXED BERRIES		HONEYDEW		FRESH MIXED VEGGIES		CHEESE SLICES	
BAGEL		CHEESY BREAD		CHEERIOS AND CHEX		CRACKERS OR		WATERMELON OR	
						GOLDFISH HS ONLY		MIXED FRUIT	
WATER/CREAM CHEESE		WATER		Water		WATER		WATER	

Week 2 Center _____ Dates _____ 2025-2026				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast #	Breakfast #	Breakfast #	Breakfast #	Breakfast #
PEACHES	MIXED FRUIT	APRICOTS	PEARS	APPLESAUCE
WGR CHEERIOS	ENGLISH MUFFIN	WGR OATMEAL/WHEAT	WGR TORTILLA	BREAD
MILK	MILK	MILK	MILK	MILK
	YOGURT		SHREDDED CHEESE	
LUNCH #	LUNCH #	LUNCH #	LUNCH #	LUNCH #
TURKEY	BEANS	CHEESE	BEEF AND BEANS	CHICKEN
CARROTS	CORN	VEGGIES INCLUDING ZUCCHINI	MIXED GREENS AND RED PEPPERS	BROCCOLI & CAULIFLOWER OR MIXED VEGETABLES
PINEAPPLE	STRAWBERRIES	MANGO	CANTALOUPE	KIWI
BREAD	WGR TORTILLA	WGR ENGLISH MUFFIN OR CRUST	BREAD OR CORNBREAD	BREAD, PASTA OR CRACKERS
MILK	MILK	MILK	MILK	MILK
COOKED TEMP SERVE TEMP	COOKED TEMP SERVE TEMP	COOKED TEMP SERVE TEMP	COOKED TEMP SERVE TEMP	COOKED TEMP SERVE TEMP
SNACK #	SNACK #	SNACK #	SNACK #	SNACK #
ORANGES	HONEYDEW	MIXED BERRIES	CUCUMBER & CARROTS	CHEESE
BAGEL	PITA BREAD	CRACKERS OR	BREADSTICKS	APPLE OR
		GOLDFISH HS ONLY		WATERMELON
WATER/CREAM CHEESE	WATER	WATER	WATER	WATER

Week 3		Center_____		Dates_____		2025-2026			
Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast #		Breakfast #		Breakfast #		Breakfast #		Breakfast #	
PEACHES		MANDARINS		APPLESAUCE		PEARS		MIXED FRUIT	
WGR KIX		BREAD		WGR PANCAKES OR WAFFLES OR FRENCH TOAST		MUFFIN		WGR TORTILLA	
MILK		MILK		MILK		MILK		MILK	
		EGGS						SHREDDED CHEESE	
LUNCH #		LUNCH #		LUNCH #		LUNCH #		LUNCH #	
CHEESE		BEEF		COD		GROUND BEEF		CHICKEN	
TOMATO SOUP AND CUCUMBERS OR TOMATO AND CUCUMBER SALAD		CORN		BROCCOLI OR COLESLAW		GREAN BEANS		FRESH MIXED VEGETABLES	
MIXED FRUIT OR KIWI		STRAWBERRIES		HONEYDEW		CANTALOUPE		ORANGES	
BREAD		WGR TORTILLA		WGR BROWN RICE		WGR SPAGHETTI NOODLES		WGR BROWN RICE OR NOODLES	
MILK		MILK		MILK		MILK		MILK	
COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP
SNACK #		SNACK #		SNACK #		SNACK #		SNACK #	
CARROTS		BANANA		BLUEBERRIES		YOGURT		CHEESE	
CRACKERS OR		WGR CHEERIOS AND CHEX		BAGEL		MANGO		APPLES OR	
GOLDFISH HS ONLY WATER		WATER		WATER/CREAM CHEESE		WATER		WATERMELON WATER	

Week 4		Center _____		Dates _____		2025-2026			
Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast #		Breakfast #		Breakfast #		Breakfast #		Breakfast #	
PEACHES		BANANAS		PINEAPPLE		PEARS		APPLESAUCE	
WGR CHEX		WGR OATMEAL/WHEAT		BREAD		WGR TORTILLA		ENGLISH MUFFIN OR FRENCH	
MILK		MILK		MILK		MILK		MILK	
				COTTAGE CHEESE		CHEESE			
LUNCH #		LUNCH #		LUNCH #		LUNCH #		LUNCH #	
HAM		CHEESE		CHICKEN		BEEF		BEANS	
CARROTS		CARROTS		BROCCOLI OR SWEET POTATOES		PEAS & CARROTS		SPINACH SALAD AND SHREDDED CARROTS	
HONEYDEW		ORANGES		MANGO		CANTALOUPE		WATERMELON OR MADARIN	
BREAD		WGR CRUST OR ENGLISH MUFFIN		WGR PASTA		DINNER ROLL		WGR CORNBREAD	
MILK		MILK		MILK		MILK		MILK	
COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP	
SNACK #		SNACK #		SNACK #		SNACK #		SNACK #	
YOGURT		TURKEY		STRAWBERRIES		APPLES		CHEESE	
TROPICAL FRUIT		WGR TORTILLA OR CRACKERS		BREAD STICKS		BAGEL		MIXED FRUIT	
WATER		WATER		WATER		WATER/CREAM CHEESE		WATER	

Week 5		Center_____		Dates_____		2025-2026			
Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast #		Breakfast #		Breakfast #		Breakfast #		Breakfast #	
PEARS		APRICOTS		BANANA		MANDARINS		BERRIES	
WGR CHEERIOS		BREAD		WGR OATMEAL/WHEAT		BAGEL		WGR WAFFLES OR PANCAKES OR FRENCH TOAST	
MILK		MILK		MILK		MILK		MILK	
		EGGS							
LUNCH #		LUNCH #		LUNCH #		LUNCH #		LUNCH #	
TURKEY OR ROAST BEEF		WHITE BEANS		CHICKEN		CHEESE		GROUND BEEF	
CARROTS		MIXED VEGETABLES		BROCCOLI OR COLESLAW		BRUSSELS SPROUTS		RED POTATOES	
PINEAPPLE		STRAWBERRIES		CANTALOUPE		MIXED FRUIT		MANGO	
BREAD		WGR CORNBREAD		GARLIC BREAD		WGR PASTA		DINNER ROLL	
MILK		MILK		MILK		MILK		MILK	
COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP	COOKED TEMP	SERVE TEMP
SNACK #		SNACK #		SNACK #		SNACK #		SNACK #	
YOGURT		WATERMELON OR FRUIT		KIWI		VEGGIES WITH ZUCCHINI		CHEESE	
BLUEBERRIES		WGR CHEX & CHEERIOS		CHEESY BREAD		CRACKERS OR		APPLES	
						GOLDFISH HS ONLY			
WATER		WATER		WATER		WATER		WATER	

Week 6		Center _____		Dates _____		2025-2026			
Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast #		Breakfast #		Breakfast #		Breakfast #		Breakfast #	
PEACHES		APRICOTS		PEARS		MIXED FRUIT		BERRIES	
WGR KIX		ENGLISH MUFFIN		WGR OATMEAL/WHEAT		BISCUIT		BAGEL	
MILK		MILK		MILK		MILK		MILK	
						COUNTRY GRAVY		YOGURT	
LUNCH #		LUNCH #		LUNCH #		LUNCH #		LUNCH #	
CHEESE		PORK		GROUND BEEF		COD		CHICKEN	
TOMATO SOUP AND CUCUMBERS OR TOMATO AND CUCUMBER SALAD		CABBAGE		GREAN BEANS OR BRUSSEL SPROUTS		MIXED VEGETABLES		BROCCOLI	
KIWI		STRAWBERRIES		CANTALOUPE		PINEAPPLE		MANGO	
BREAD		WGR TORTILLA		WGR PASTA		WGR BROWN RICE OR TORTILLA		WGR PASTA	
MILK		MILK		MILK		MILK		MILK	
COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP		COOKED TEMP SERVE TEMP	
SNACK #		SNACK #		SNACK #		SNACK #		SNACK #	
BANANA		VEGGIE STICKS		MANDARINS		ORANGES		CHEESE	
BAGEL		BREAD STICK		PITA BREAD		GOLDFISH CRACKERS HS ONLY		APPLES	
						OR CRACKERS			
WATER/CREAM CHEESE		WATER		WATER/HUMMUS		WATER		WATER	