

INTERNAL COOKING TEMPERATURES



135° F

- Fresh, frozen, or canned fruits and vegetables cooked for hot holding
- Commercially processed ready-to-eat food

145° F

- Whole beef, pork, and seafood

155° F

- Ground beef and pork
- Fish sticks
- Cubed and Salisbury steak
- Eggs cooked for hot holding

165° F

- Poultry (whole or ground)
- Stuffed beef, pork, and seafood
- Stuffed pasta such as lasagna or manicotti
- Reheating leftovers

This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture, Food and Nutrition Service through an agreement with the Institute of Child Nutrition at The University of Mississippi. The contents of this publication do not necessarily reflect the views or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. government.

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