



# Tiered Plan of Action

When I have concerns about a child, I can reflect and focus on:

**What are three things I can do to.....**

3

**Build Relationships:**

- Δ Primary Care
- Δ Meaningful Relationships (with this child & family)
- Δ Hot buttons & Reframing
- Δ Consider temperament
- Δ Examine my own Attitudes, Values, Beliefs, and Perceptions toward his or her behavior

3

**Create a Supportive Routines & Environments:**

- Δ Emotional Security
- Δ Physical Environment
- Δ Routines/ Schedules
- Δ Transitions
- Δ Small Groups
- Δ Visual Supports
- Δ Positive Descriptive Acknowledgement

3

**Teach Social and Emotional Skills:**

- Δ Emotional Literacy
- Δ Co-regulation
- Δ Emotional Regulation
- Δ Play and Friendship Skills
- Δ Conflict resolution