



Parents as Teachers®

## Personal Visit Planning Guide & Record

Annual HV Number \_\_\_\_\_

Child's first and last name: \_\_\_\_\_ Date of home visit: \_\_\_\_\_

Monthly home visit number: 1 2 3 4 5 Total monthly home visits possible \_\_\_\_\_

Home Visit canceled by: ☐ Staff ☐ Family Reason: \_\_\_\_\_

Present: ☐ Mother ☐ Father ☐ Grandmother ☐ Grandfather ☐ Other: \_\_\_\_\_

Follow up on: ☐ CHDP ☐ Immunizations ☐ Referrals ☐ ASQ3/ASQ-SE ☐ Other: \_\_\_\_\_

## Opening

### Connect • Reflect • Agree

**Connect around something you remember from the last visit or an observation of a positive parenting behavior.**

- > Share the results of your follow-up from the last visit and ask the parents how things went with theirs.

**Reflect on the parents' and child(ren)'s experience with continuing the activity from the last visit.**

- > "What did you do to keep your child(ren) involved in the activity?"
- > "What did you notice about your child(ren)'s development?"
- > "What are your questions from our last visit?"

**Agree on what will happen during the visit.**

- > "We planned to talk about parenting and support your child(ren)'s development."
- > "You mentioned (from the check-in) that you wanted to discuss."
- > "What else would you like to talk about or address?"

## Parent-child interaction

**Intent: What will we focus on at this visit?**

**Parent-child activity page:**



**Child goal focused on this visit:**   ☐ Goal #1   ☐ Goal #2

*Note: focus on each goal two times per month.*

**Child development domain (check targeted domain):**

- ☐ Approaches to learning   ☐ Social and Emotional Development   ☐ Language and Literacy  
☐ Cognitive   ☐ Perceptual, Motor and Physical Development

**Parenting behavior (check targeted behavior):**

- ☐ Nurturing   ☐ Designing/guiding   ☐ Responding   ☐ Communicating   ☐ Supporting learning

**Prompts or questions to understand the family's perspective and practice of the topic:**

**Home Visitor resource(s):**

**Key points:**

**Parent handout(s):**

**Book sharing:**

**Supplies and additional materials (if needed):**

## **Development-centered parenting**

**Intent: What will we focus on at this visit?**

**Developmental topic (check targeted topic):**   ☐ Attachment   ☐ Discipline   ☐ Health

☐ Nutrition   ☐ Safety   ☐ Sleep   ☐ Transitions/routines   ☐ Healthy births

☐ Dental Education

**Prompts or questions to understand the family's perspective and practice of the topic:**

**Home Visitor resource(s):**

**Key points:**

**Parent handout(s):**

## **EHS Requirements:**

Check all that apply for this visit.

- ☐ Family Portrait
- ☐ Introduce Policy Council
- ☐ Messy Mats (optional)
- ☐ FOIA
- ☐ FPA
- ☐ Set Child Goals
- ☐ Update Child Goals
- ☐ Update Family Goals
- ☐ Update PIR
- ☐ Growing Child
- ☐ Sign Language
- ☐ DRDP Observations
- ☐ Nutrition Curriculum
- ☐ Affirmation
- ☐ Parent/child record
- ☐ Raising A Reader
- ☐ Health Requirements
- ☐ Referrals & Follow-up
- ☐ AST/CST/IFSP/IEP
- ☐ 2.5 ITP/ITP
- ☐ Dental Education
- ☐ Other \_\_\_\_\_

## Family well-being

**Intent: What will we focus on at this visit?**

**Categories (check targeted category):**

☐ Basic essentials ☐ Education and employment ☐ Physical health of the family ☐ Mental health and wellness ☐ Early care and education ☐ Relationships with family and friends ☐ Recreation and enrichment ☐ Other: \_\_\_\_\_

**Prompts or questions to understand the family's perspective and practice of the topic:**

**Home Visitor resource(s) or other materials:**

**Key points:**

**Parent handout(s) or other information:**

## Closing

**Review, revisit, evaluate, share, affirm, and look ahead**

**Review.**

> Restate key points discussed.

**Revisit.**

> Follow up on parents' next steps that were discussed earlier. "You mentioned that you are going to ..."

> State parent educator actions: "I will ..."

**Evaluate the time spent together.**

> "How do you think our time went today?" or "Which part of today was most valuable for you?"

### **Share Socialization/community events.**

- > Invite the family to attend the next group socialization/playgroup.
- > Ask if the parents know of any upcoming family-friendly neighborhood events.

### **Affirm strengths of the family**

- > Thank the parents for participating.
- > Share a specific strength you observed in each family member. When possible, link to the parent-child interaction.

### **Look ahead.**

- > Schedule the next visit.
- > “What would you like to see happen in the next visit?”

