



Parents as Teachers®

## FOUNDATIONAL Home Visit 7

Child's first and last name: \_\_\_\_\_ Date of Visit: \_\_\_\_\_

Monthly home visit number: 1 2 3 4 5 Total monthly home visits possible: \_\_\_\_\_

Home visit canceled by: ☐ Staff ☐ Family Reason: \_\_\_\_\_

Present: ☐ Mother ☐ Father ☐ Grandmother ☐ Grandfather ☐ Other: \_\_\_\_\_

Home Visitor: \_\_\_\_\_

Follow up on: ☐ CHDP ☐ Immunizations ☐ Referrals ☐ ASQ3/ASQ-SE ☐ Other: \_\_\_\_\_

## Developmental Topics

### Preparation for visit

- > Read Home Visitor resources:
  - [Developmental Topics](#)
  - [Health Care and Medical Homes](#)
  - [Preventable Diseases and Immunizations](#)
  - [A Look at Prenatal Care](#)
  - [Ensuring Healthy Fetal Development](#)
  - [Looking at Development](#)
- > Choose from parent handouts:
  - [Parenting Around Development](#)
  - [Immunizations Are Important!](#)
  - [My Child's Medical Visit](#)
  - [Prenatal Care: What to Expect](#)
  - [Your Unborn Baby's/Baby's/Child's Development](#)
- > Choose activity page
- > Gather additional materials, if needed
- > Choose a child development parent educator resource and parent handout

## Review

Review previous visit plan and personal visit record. complete follow-up from last visit

## Consult

## Check in

Ask clarifying questions,  
Describe the visit and ask  
If there is anything else  
The family would like to  
Include

## Visit overview

### Opening

- > **Connect, reflect, agree**

### Parent-Child Interaction

- > **Parent-child activity:** Involve the family in the chosen activity page and share the rationale.
- > **Child development:** Connect key points from your chosen child development resource to the child.

### Development-Centered Parenting

- > **Developmental topics:** Introduce the seven developmental topics: Attachment, discipline, health, nutrition, safety, sleep, and transitions/routines.
- > **Health:** Connect key points from the health resources to the family's situation.
- > **Immunizations:** Check in on the child(ren)'s immunization status.

### Family Well-Being

- > **Physical health:** Connect key points from the physical health resources to the parents and the impact on the child's development.
- > **Complete Family Opportunity and Interest Assessment**

### Closing

- > **Review, revisit, evaluate, share, affirm, and look ahead**



## Opening

### Connect, reflect, agree

**Connect around something you remember from the last visit or an observation of a positive health behavior.**

- > Share the results of your follow-up from the last visit and ask the parents how things went with theirs.

**Reflect on the parents' and child(ren)'s experience with continuing the activity from the last visit.**

- > "What did you do to keep your child(ren) involved in the activity?"
- > "What did you notice about your child(ren)'s development?"
- > "What are your questions from our last visit?"

**Agree on what will happen during the visit.**

- > "We planned to talk about parenting and support your child(ren)'s \_\_\_\_\_ development.
- > "You mentioned (from the check-in) that you wanted to discuss \_\_\_\_\_."
- > "What else would you like to talk about or address?"



## Parent-Child Interaction

### Intent: What will we focus on at this visit?

- > Enhance the quality of the parent-child interaction.

### Parent-child activity

*Share the activity you have selected and help the parents observe development and sustain and enrich the interaction. The supporting learning section of the Parenting Behaviors Toolkit card can be utilized to coach parents.*

**Parent-child activity page:** \_\_\_\_\_

- > Gather the materials with the parents. "How do you think your child will respond?"
- > Describe the activity and explain the rationale.
- > Let the child(ren) play and the parents observe a bit. "Let's see what she does with this ..."
- > Complete the reflection section with the parent. Prompt as needed.
- > Share the "Continued learning" activity. "How might you incorporate this into your family's routine?"

**Child development domain:**

- ☐ Approaches to learning ☐ Social and Emotional Development ☐ Language and Literacy
- ☐ Cognitive ☐ Perceptual, Motor and Physical Development

**Parenting behavior:**

- ☐ Nurturing ☐ Designing/guiding ☐ Responding ☐ Communicating ☐ Supporting learning



## Child development

Connect key points from the child development resource you read to the parent-child activity and the child's development.

Prompts or questions to understand the family's perspective and practice of the topic:

>

Home Visitor resource(s): \_\_\_\_\_

Key points from home visitor resource: \_\_\_\_\_

>

Parent handout(s): \_\_\_\_\_

## Development-Centered Parenting

### Intent: What will we focus on at this visit?

- > Introduce the developmental topics.
- > Explore the status of the child(ren)'s preventive health care.

### Developmental topics

- > Use the handout [Parenting Around Development](#) to introduce the seven developmental topics.
- > Share the rationale for choosing these topics.
- > Assure the parents they can bring up these topics at any time and explain that you will frequently visit these topics as a focus for discussion.

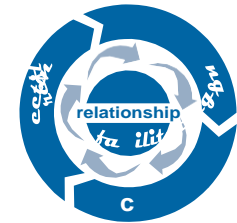
### Health

Facilitate a discussion on the child's health and the preventive health care measures utilized by the family.

- > "Tell me about your child's overall health."
- > "What steps do you take to ensure your child stays healthy?"
- > "Is there anything you'd like to change about your child's health?"

### Developmental topic (check targeted category):

☐ Attachment ☐ Discipline ☒ Health ☐ Nutrition ☐ Safety ☐ Sleep ☐ Transitions/Routines



Remember to choose a parent educator resource and parent handout on child development to review and share with families.

Encourage the strengthening of the family's protective factors through observation, conversation, and questioning. If needed, provide additional information, resources, or referrals.



**Home Visitor resource(s):** [Health Care and Medical Homes](#) or *Medical Home*

**Key points from home visitor resource:**

- > Routine health care is vitally important in the first three years of a child's life. Following through with well-child visits, routine immunizations, and medications when indicated are part of the parents' role.
- > The "medical home" approach ensures that a child's medical and non-medical health needs are met.
- > Having a medical home helps parents better address the health issues they and their children may face.
- > In the medical home, a central record is kept so that all relevant medical data for a child or family is in one place.
- > When children get care from many providers, costs can go up and the effectiveness of care is compromised.

## Immunizations

*Check on the status of the child's immunizations.*

- > Encourage parents to share information about the status of their child(ren)'s immunization record, growth chart, and any health concerns.
- > The parent handout [Immunizations Are Important!](#) can be used to discuss the value of childhood immunizations.
- > The parent handout [My Child's Medical Visit](#) can be utilized as the focus of a conversational interview to gather this information.

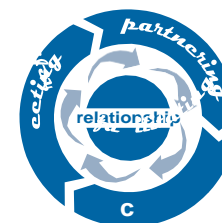
## Family Well-Being

### Intent: What will we focus on at this visit?

- > Make the connection between the parents' physical health and the health and development of the child.

### Physical health

***Discuss the parents' overall health and how that relates to the child's health and development***





**Prompts or questions to understand the family's perspective and practice of the topic:**

- > "Tell me about your family's health."
- > "How do you see your health impacting your child's health and development?"
- > "What do you do to take care of yourself?"

**Categories:**

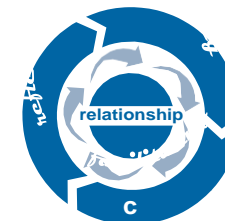
- ☐ Basic essentials ☐ Education and employment ☒ Physical health of the family
- ☐ Mental health and wellness ☐ Early care and education ☐ Relationships with family and friends
- ☐ Recreation and enrichment ☐ Other: \_\_\_\_\_

**Home Visitor resource(s) or other materials:**

**Key points from home visitor resource:**

- > Caring for yourself and keeping fit helps you to better provide for your child.
- > When children grow up with activity as a part of their lives, they are likely to stay active as adults.
- > Through physical activity, children and parents can reduce anxiety and stress, learn new skills, and develop new interests.

- ☐ **Complete Family Opportunity and Interest Assessment (FOIA):**



Listen for the expression of family values and goals.

## Closing

### Review, revisit, evaluate, share, affirm, and look ahead

**Review.**

- > Restate key points about health or developmental topics.
- > Draw parents' attention to any key points in the parent handouts.

**Revisit.**

- > Follow up on parents' next steps that were discussed earlier. "You mentioned that you are going to ..."
- > Encourage parents to repeat the parent-child activity. The Continued Learning section of the [Activity Page](#) might be revisited.
- > State home visitor actions: "I will ..."

**Evaluate the time spent together.**

- > "How do you think our time went today?" or "Which part of today was most valuable for you?"

**Share Socialization/community events.**

- > Invite the family to attend the next socialization/playgroup.
- > Ask if the parents know of any upcoming family-friendly neighborhood events.



## **Affirm strengths of the family.**

- > Thank the parents for participating.
- > Share a specific strength you observed in each family member. When possible, link to the parent-child interaction.

## **Look ahead.**

- > Schedule the next visit.
- > Let the parents know the focus of the next visit. Ask if there is a parenting behavior or developmental topic they would like to focus on next time.
- > Ask the parents if they have ever thought about what is going on in their child(ren)'s brain.  
“On the next visit we will explore this.”

