

Notice of Exposure to Contagious Disease

Center: _____

Date: _____

Dear Parent or Legal Guardian:

A child in our program has: STREP THROAT

Information about this disease:

The disease is spread by: Direct contact with the respiratory discharges of an infected person.

The Symptoms are: Very red, painful throat with fever, tender and swollen glands, headache and stomachache. The child may be coughing and have a runny nose.

The disease can be prevented by:

1. Good hand washing
2. Avoid contact & nasal discharge and mucus.

When should children with this illness be excluded? Children diagnosed with strep throat can return to the center 24 hours after antibiotics are started. The child must also be fever free for 24 hours without the use of Tylenol or Motrin.

What the program is doing to reduce the spread:

1. Good hand washing
2. Teach children to use tissue or cough into their elbow or shoulder
3. Teach children not to share food, eating utensils or toothbrushes
4. Open windows and lots of outdoor time.

What you can do at home to reduce the spread:

1. Good hand washing
2. Use tissues when sneezing or wiping noses
3. Open windows often for lots of fresh air.

If your child has any symptoms of this disease, call your health care provider to find out what to do and be sure to tell them about this notice. If you do not have a regular health care provider to care for your child, ask staff here for a referral. If you have any questions please contact:

Family Worker/Home Visitor

Phone Number