

Notice of Exposure to Contagious Disease

Center: _____

Date: _____

Dear Parent or Legal Guardian:

A child in our program has: FIFTH DISEASE

Information about this disease:

The disease is spread by: The virus lives in the saliva of the sick person and can be spread by coughing, sneezing, kissing, sharing food and eating utensils and mouthed toys.

The Symptoms are: A mild fever and complaints of tiredness. After a few days the cheeks take on a flushed appearance that looks like the face has been slapped. There may also be a light rash on the chest, arms and legs.

The disease can be prevented by: Avoiding contact with saliva.

When should children with this illness be excluded? Children diagnosed with Fifth Disease do not need to be excluded from childcare.

What the program is doing to reduce the spread:

1. Good Hand washing
2. Teach the children to use tissues
3. Teach children to not share food, eating utensils, toothbrushes etc...
4. Wash mouthed toys frequently
5. Open the windows and lots of outdoor time

What you can do at home to reduce the spread:

1. Wash hands often
2. Don't share food or eating utensils
3. Use tissues for wiping & blowing noses
4. Open windows to get fresh air.

NOTE: If a pregnant woman is exposed to Fifth Disease, there is a small risk that the fetus may suffer damage. Pregnant woman exposed to Fifth Disease should consult their health care provider.

If your child has any symptoms of this disease, call your health care provider to find out what to do and be sure to tell them about this notice. If you do not have a regular health care provider to care for your child, ask staff here for a referral. If you have any questions please contact:

Family Worker/Home Visitor

Phone Number