

Notice of Exposure to Contagious Disease

Center: _____

Date: _____

Dear Parent or Legal Guardian:

A child in our program has: CHICKEN POX

Information about this disease:

The disease is spread by: Close contact (sharing breathing space or direct touching contact) with infected discharge from nose, throat or rash.

The Symptoms are: Begins with a mild fever and an itchy rash. The rash appears with small red bumps on the stomach or back and spreads to the face, arms and legs. These bumps rapidly become blistered and oozy, and then crust over.

The disease can be prevented by:

1. Children are required to have an immunization against chicken pox to attend Head Start.
2. Avoid contact with saliva and discharge from the rash.

When should children with this illness be excluded? Children with chicken pox will be excluded from Head Start for six days after the rash first appears or until all blisters are crusted over and dry.

What the program is doing to reduce the spread:

1. Temporarily exclude the sick child
2. Wipe noses often
3. Lots of hand washing
4. No sharing of food, toothbrushes, etc...
5. Open windows and lots of outdoor play

What you can do at home to reduce the spread:

1. Don't share food, cups, eating utensils or toothbrushes
2. Wipe noses with clean tissues
3. Wash hands often
4. Open doors & windows to allow fresh air in

If your child has any symptoms of this disease, call your health care provider to find out what to do and be sure to tell them about this notice. If you do not have a regular health care provider to care for your child, ask staff here for a referral. If you have any questions please contact:

Family Worker/Home Visitor

Phone Number