

Edinburgh Postnatal Depression Scale

PURPOSE	To determine if a pregnant woman is at risk of prenatal/postpartum depression.
WHO/WHEN COMPLETED:	Completed by EHS FW/HV with the pregnant woman every trimester during the pregnancy, at two weeks postpartum and eight weeks postpartum.
HOW TO FILL IT OUT:	Have mother take the EPDS herself while reflecting on the past seven days (unless she is non-English speaking or has difficulty reading). Avoid the possibility of the mother discussing her answers with anyone while doing the screening.
CHILD PLUS DATA ENTRY:	When completed, FW/HV scans to “Disabilities”. It will then be attached under the Mental Health module in CP.
WHERE TO FILE:	In the health section of the file.
IMPORTANT NOTES:	<ul style="list-style-type: none"> • If mother’s score is under ten no further action is required. • If mother’s score is thirteen or higher contact Disabilities/Mental Health Department to schedule home visit/intervention. • If mother’s score is between ten and twelve wait two weeks and repeat screener, if score is lower after two weeks but still above nine repeat again in another two weeks and if score remains the same or gets higher contact the Disabilities/Mental Health Department to schedule home visit/intervention. • Once this initial screening process has been done it can be repeated anytime there is a concern within the baby’s first year.