



Introducing Behavior Tracking Process to Family Members

Dear Parents and Guardians,

Thank you for entrusting your child to us at Shasta Head Start. We take great pride in the quality of our early education program and are committed to providing every child with the support and opportunities they need to learn and grow.

In the classroom, children are learning how to play with others, follow routines, and develop important social and emotional skills. As part of this learning process, some children may experience challenges in managing their emotions and behavior. Please know that your child's well-being—and the well-being of all children in our care—is our highest priority as we work to support those who may need extra help in this area.

While we cannot share personal or confidential information about any specific child, we want to assure you that we are doing everything we can to help each child succeed in our program. When a child demonstrates ongoing challenging behavior, we begin using Behavior Observation Reports to better understand and address the situation. If this step becomes necessary for your child, we will partner closely with you to support their growth. This may include meetings with your child's teacher and a referral to our Mental Health Department, who will work with you and the teaching staff to develop strategies that help your child manage their emotions in a healthy way.

Our top priority is always safety in the classroom. If a child's behavior puts others at risk, we may need to temporarily reduce their classroom schedule and provide more intensive support.

We also ask for your help in talking with your child if they mention another child's behavior. We focus on sending the message that every child is an important member of our classroom community, and that some children may need help calming down and learning how to play gently. In the classroom, we use a variety of strategies to teach children how to express themselves, ask for space, and manage their emotions. We encourage you to speak with your child's teacher to learn more about these strategies and to practice them at home.

Please reassure your child that their teachers are there to keep everyone safe and that they can help their classmates by showing kindness, patience, and good social skills at school.

Thank you for being our partners in supporting your child's development.

Sincerely,

Shasta Head Start Staff