

Shasta Head Start Child Development, Inc.  
School Readiness Goals for Preschool Children

Shasta Head Start has established School Readiness Goals to help ensure that children are ready for school and families are ready to support their children's learning. These goals will help children develop the skills, knowledge, and attitudes necessary for school and later learning in life. Together we will focus on achieving these goals by planning activities and individualizing for your child.

**Domain: Social and Emotional Development**

*Emotional Knowledge and Regulation*

- Preschool children will increasingly develop strategies for regulating feelings and behavior, becoming less reliant on adult guidance over time.

*Relationships and Interactions with Peers*

- Preschool children will develop and maintain close relationships with one or more peers and become increasingly competent and cooperative in peer interactions.

**Domain: Approaches to Learning**

*Engagement, Attention and Persistence*

- Preschool children will develop increasing ability to engage by sustaining attention, contributing, and persisting when appropriate, related to learning activities.

**Domain: Foundational Language Development (Language and Literacy):**

*Foundational Literacy Skills*

- Preschool children will show increasing ability to manipulate and combine components of language related to early literacy.

*Alphabet and Print Knowledge*

- Child shows increasing awareness of symbols, characters, or letters in the environment, including identifying how letter and word names, sounds, or fingerspelling correspond to printed text or braille.

*Self-Expression in English*

- Preschool children who are dual language learners will show increasing progress toward fluency in using spoken English to communicate.

**Domain: Math**

*Number Operations*

- Child shows increasing ability to add and subtract small quantities of objects.

**Domain: Science**

*Inquiry Through Observation and Investigation*

- Preschool children will develop increasing ability to carry out observations, explorations, and investigations in the environment.

**Domain: Health**

*Safety*

- Preschool children will show increasing awareness of safety and increasingly demonstrate knowledge of safety rules.